

JCTR BASIC NEEDS AND NUTRITION BASKET

Chipata

February 2022

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	100.00 25 kg bag	2 x 25Kg	200.00
Rice	93.46 5kg	4kg	74.77
Cassava Flour	20.98 1kg	6kg	125.88
(Irish) Potatoes	16.34 1 Kg	4 Kg	65.37
Beans	28.26 1kg	3kg	84.78
Pounded Groundnut	48.27 1kg	1kg	48.27
Soya Pieces	53.69 1 kg	2kg	107.37
Beef	66.55 1kg	2kg	133.10
Chicken	133.50 2kg	5kg	333.74
Kapenta	139.04 1kg	1kg	139.04
Eggs	18.28 1 unit (10 eggs)	3 Trays (90 eggs)	164.50
Milk (Fresh)	17.25 500 ml	10 liters	344.97
Vegetables	584.15 40 Kg	40kg	584.15
Onion	28.85 1 Kg	4 Kg	115.41
Tomatoes	18.23 1 kg	6 kg	109.39
Banana	20.18 1 Kg	16 Kg	322.95
Other Fruits	23.51 1 kg	14 Kg	329.14
Cooking oil (2.5lts)	131.08 2.5lt	3.6lt	188.76
Salt	13.00 1 Kg	1 Kg	13.00
Tea	23.33 250g	250g	23.33
Sub Total			ZMW 3,507.91

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	212.00 90kg bag(s)	2 90kg bag(s)	424.00
Soap (Lifebuoy/Champion)	15.58 Tablet(s)	3 Tablet(s)	46.75
Wash soap (BOOM)	17.17 400g	4 400g	68.66
Jelly (Vaseline)	46.67 500ml	1 500ml	46.67
Electricity (medium density)	171.00 Month(s)	1 Month(s)	171.00
Water & Sanitation (med - fixed)	140.00 Month(s)	1 Month(s)	420.00
Housing (3 bedroom)	1,750.60 Month(s)	1 Month(s)	1,750.60
Sanitary towels	17.75 Pack of 10	2 Pack of 10	35.50
Toilet Paper (2ply)	4.67 Tissue(s)	6 Tissue(s)	27.99
Lotion (Dawn)	31.60 400ml	1 400ml	31.60
Subtotal			ZMW 3,052.75
Total for Basic Needs and Nutrition Basket			ZMW 6,560.66

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Border-Town	20.00
		Gonder-Town	20.00
		Kapata-Town	10.00
School Uniform (Grades 8-12)	232.00		
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	21.96
		Diesel (per litre)	21.54

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
9,305.38	4,756.50	5,343.93	5,043.46	7,382.9	7,642.26	5,589.99	6,560.66	5,915.73	6,344.84	7,062.48	7,062.48	6,677.32	5,864.69	4,923.69	6,216.69

This survey was conducted on 25th January, 2022 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Kapata market, Nabvutika market, Saturday market, Kaumbwe market, shoprite and Magazine market and Schools, clinics/hospitals, and filling stations around Chipata. The January Basic Needs and Nutrition Basket is approximately US\$368.57 based on the exchange rate of K17.80. Other costs would include personal care, clothing, recreation, etc.

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